CT*rail* Shore Line East Schedule

SHORE LINE EAST
CT rail

Legend

SLE SHORE LINE EAST CT rail

MNR Metro-North Railroad

AMTK AMTRAK

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Effective November 16, 2026

MONDAY TO FRIDAY | LUNES A VIERNES

TO NEW HAVEN

	SLE THRU 1633	SLE 1637	SLE 1645		SLE 1659	AMTK 93*		SLE 1667	SLE 1681	AMTK 137*	SLE 1683	SLE 1687	SLE 1691	SLE 1693	SLE 1695	SLE 1699
New London	5:46 A	6:25 A	7:10 A		9:30 A	11:04 A		11:25 A	2:55 P	3:22 P	4:25 P	6:15 P	6:50 P		9:18 P	10:43 P
Old Saybrook	6:09 A	6:48 A	7:32 A		9:51 A	11:30 A		11:46 A	3:18 P	3:44 P	4:47 P	6:38 P	7:13 P	8:14 P	9:39 P	11:04 P
TRACK 2 ▶ Westbrook	6:14 A	6:53 A	7:39 A	TRACK 2 ▶	9:58 A		TRACK 1 ▶	11:54 A	3:24 P		4:52 P	6:43 P	7:18 P	8:19 P	9:45 P	11:09 P
TRACK 2 ▶ Clinton	6:19 A	6:58 A	7:44 A	TRACK 2 ▶	10:04 A		TRACK 1 ▶	11:59 A	3:29 P		4:57 P	6:48 P	7:23 P	8:24 P	9:50 P	11:14 P
Madison	6:24 A	7:03 A	7:49 A		10:10 A											
TRACK 4 ▶ Guilford	6:30 A	7:09 A	7:55 A	TRACK 1 ▶	10:16 A		TRACK 1 ▶	12:12 P	3:39 P		5:07 P	6:59 P	7:34 P	8:34 P	10:01 P	11:24 P
TRACK 2 ▶ Branford	6:38 A	7:18 A	8:04 A	TRACK 1 ▶	10:26 A		TRACK 1 ▶	12:21 P	3:48 P		5:16 P	7:08 P	7:43 P	8:43 P	10:10 P	11:33 P
New Haven - State Street	6:49 A	7:31 A	8:17 A		10:38 A			12:33 P	4:00 P		5:28 P	7:21 P	7:56 P	8:55 P	10:23 P	11:46 P
New Haven - Union Station	6:52 A	7:34 A	8:22 A		10:42 A	11:56 A		12:37 P	4:04 P	4:16 P	5:34 P	7:25 P	8:00 P	8:59 P	10:27 P	11:50 P

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CONNECTIONS TO NEW YORK (DEPARTING)

Metro-North Railroad	SLE THRU 1633	MNR 1537 MON - THURS	MNR 3539 FRI	MNR 3537 SUPER EXPRESS	MNR 1545		MNR 1557	MNR 1561		MNR 1563	MNR 1577	MNR 1579	MNR 1583	MNR 1591	MNR 1595	MNR 1597	MNR 1497	
New Haven Union Station	6:55 A	7:44 A	7:41 A	7:52 A	8:47 A		11:21 A	12:24 P		12:47 P	4:24 P	4:43 P	5:40 P	7:46 P	8:43 P	9:35 P	10:45 P	
West Haven	7:00 A	7:49 A	7:46 A		8:51 A		11:25 A	12:28 P		12:52 P	4:29 P	4:48 P	5:44 P	7:51 P	8:48 P	9:40 P	10:50 P	
Milford	7:08 A	7:56 A	7:53 A		8:59 A		11:33 A	12:36 P		1:00 P	4:36 P	4:56 P	5:52 P	7:58 P	8:55 P	9:48 P	10:57 P	
Stratford	7:15 A	8:02 A	7:59 A		9:06 A		11:39 A	12:42 P		1:06 P	4:43 P	5:02 P	5:59 P	8:05 P	9:02 P	9:54 P	11:04 P	
Bridgeport	7:22 A	8:08 A	8:05 A	8:12 A	9:12 A		11:45 A	12:49 P		1:13 P	4:49 P	5:08 P	6:05 P	8:12 P	9:09 P	10:01 P	11:10 P	
South Norwalk		8:36 A	8:33 A		9:35 A		12:10 P	1:12 P		1:40 P	5:17 P	5:36 P	6:33 P	8:39 P	9:36 P	10:28 P	11:38 P	
Stamford	7:53 A	8:49 A	8:49 A	8:40 A	9:46 A		12:24 P	1:27 P		1:58 P	5:32 P	5:54 P	6:50 P	8:57 P	9:54 P	10:46 P	11:56 P	
Greenwich		8:57 A	8:57 A								5:41 P	6:03 P	7:00 P					
Harlem - 125th St.		9:29 A	9:29 A		10:28 A		1:11 P	2:10 P		2:44 P	6:12 P	6:45 P	7:39 P	9:41 P	10:41 P	11:31 P	12:40 A	
Grand Central Terminal		9:43 A	9:43 A	9:30 A	10:40 A		1:23 P	2:22 P		2:56 P	6:26 P	6:57 P	7:49 P	9:53 P	10:52 P	11:44 P	12:52 A	

Metro-North (New Haven Line) connections listed above are provided for informational purposes, however not all connection times are guaranteed. Visit MTA.info/mnr for more details and for information on travel to intermediate stations.

CONNECTIONS FROM NEW YORK (ARRIVING)

Metro-North Railroad	MNR 1502	MNR 1502				MNR 1504		MNR 1510		MNR 1522	MNR 1526	MNR 1528	MNR 1534	SLE THRU 1638	MNR 3542	MNR 1556	MNR 1562	MNR 1560 MON - THURS	MNR 1574
Grand Central Terminal	1:47 A	1:47 A				5:49 A		7:30 A		11:04 A	12:04 P	12:34 P	2:04 P		4:11 P	5:22 P	5:46 P	5:41 P	6:55 P
Harlem - 125th St.	1:57 A	1:57 A				5:59 A		7:40 A		11:14 A	12:14 P	12:44 P	2:14 P			5:32 P	5:56 P		7:05 P
Greenwich						6:31 A		8:14 A											
Stamford	2:36 A	2:36 A				6:40 A		8:24 A		11:55 A	12:55 P	1:25 P	2:55 P	4:13 P	4:55 P	6:09 P	6:34 P		7:44 P
South Norwalk	2:51 A	2:51 A				6:54 A		8:37 A		12:11 P	1:11 P	1:37 P	3:10 P				6:49 P		7:59 P
Bridgeport	3:18 A	3:18 A				7:23 A		8:59 A		12:40 P	1:40 P	2:01 P	3:39 P	4:42 P	5:17 P	6:44 P	7:16 P	7:04 P	8:26 P
Stratford	3:24 A	3:24 A				7:29 A		9:05 A		12:47 P	1:47 P	2:07 P	3:46 P	4:49 P		6:50 P	7:22 P	7:11 P	8:32 P
Milford	3:30 A	3:30 A				7:36 A		9:12 A		12:54 P	1:54 P	2:14 P	3:53 P	4:56 P		6:58 P	7:30 P	7:18 P	8:39 P
West Haven	3:37 A	3:37 A				7:43 A		9:19 A		1:03 P	2:03 P	2:23 P	4:02 P	5:03 P		7:05 P	7:37 P	7:25 P	8:46 P
New Haven Union Station	3:56 A	3:56 A				7:54 A		9:31 A		1:13 P	2:15 P	2:36 P	4:15 P	5:14 P	5:42 P	7:16 P	7:49 P	7:33 P	9:01 P

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TO NEW LONDON

	SLE 1600	SLE 1602		SLE 1604		SLE 1606		SLE 1610		SLE 1624	AMTK 86*	SLE 1628	SLE 1634	SLE THRU 1638	SLE 1640	AMTK 94*	SLE 1646	SLE 1652
New Haven - Union Station	4:25 A	4:55 A		5:30 A		8:05 A		10:00 A		1:32 P	2:22 P	3:00 P	4:31 P	5:18 P	6:07 P	7:27 P	7:55 P	9:20 P
New Haven - State Street	4:27 A	4:57 A		5:32 A		8:07 A		10:02 A		1:34 P		3:02 P	4:33 P	5:20 P	6:09 P		7:57 P	9:22 P
TRACK 2 ▶ Branford	4:37 A	5:09 A	TRACK 1 ▶	5:44 A	TRACK 1 ▶	8:19 A	TRACK 1 ▶	10:15 A	TRACK 2 ▶	1:46 P		3:13 P	4:46 P	5:29 P	6:23 P		8:09 P	9:33 P
TRACK 4 ▶ Guilford	4:45 A	5:17 A	TRACK 1 ▶	5:52 A	TRACK 1 ▶	8:27 A	TRACK 1 ▶	10:23 A	TRACK 4 ▶	1:54 P		3:22 P	4:54 P	5:38 P	6:32 P		8:17 P	9:41 P
Madison	4:50 A	5:23 A				8:33 A				2:00 P		3:28 P	5:01 P	5:42 P	6:38 P		8:23 P	9:47 P
TRACK 2 ▶ Clinton	4:55 A	5:28 A	TRACK 1 ▶	6:02 A	TRACK 2 ▶	8:38 A	TRACK 1 ▶	10:33 A	TRACK 2 ▶	2:05 P		3:33 P	5:06 P	5:47 P	6:43 P		8:28 P	9:52 P
TRACK 2 ▶ Westbrook	5:00 A	5:33 A	TRACK 1 ▶	6:07 A	TRACK 2 ▶	8:43 A	TRACK 1 ▶	10:38 A	TRACK 2 ▶	2:10 P		3:38 P	5:11 P	5:52 P	6:49 P		8:33 P	9:57 P
Old Saybrook	5:07 A	5:39 A		6:15 A		8:52 A		10:46 A		2:18 P		3:46 P	5:21 P	5:58 P	6:57 P	7:56 P	8:43 P	10:05 P
New London	5:30 A	6:05 A		6:40 A		9:15 A		11:10 A		2:40 P	3:06 P	4:10 P	5:43 P	6:25 P		8:13 P	9:02 P	10:28 P

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WEEKEND/HOLIDAY | FIN DE SEMANA/DIA FESTIVO

TO NEW HAVEN

	SLE 3613	SLE 3621	SLE 3629	SLE 3637		SLE 3645	SLE 3655	SLE 3663	SLE 3699
New London	6:25 A	8:18 A	10:42 A	12:45 P		2:30 P	5:25 P	8:50 P	11:50 P
Old Saybrook	6:46 A	8:39 A	11:05 A	1:10 P		2:52 P	5:49 P	9:13 P	12:10 A
TRACK 2 ▶ Westbrook	6:51 A	8:44 A	11:12 A	1:18 P	TRACK 1 ▶	2:58 P	5:54 P	9:21 P	12:15 A
TRACK 2 ▶ Clinton	6:56 A	8:49 A	11:17 A	1:23 P	TRACK 1 ▶	3:03 P	5:59 P	9:26 P	12:21 A
Madison	7:01 A	8:54 A	11:22 A	1:28 P					
TRACK 4 ▶ Guilford	7:06 A	8:59 A	11:28 A	1:34 P	TRACK 1 ▶	3:13 P	6:08 P	9:36 P	12:30 A
TRACK 2 ▶ Branford	7:14 A	9:07 A	11:37 A	1:43 P	TRACK 1 ▶	3:22 P	6:18 P	9:45 P	12:39 A
New Haven - State Street	7:28 A	9:19 A	11:50 A	1:56 P		3:35 P	6:31 P	9:58 P	
New Haven - Union Station	7:30 A	9:23 A	11:55 A	2:01 P		3:39 P	6:35 P	10:03 P	12:55 A

CONNECTIONS TO NEW YORK (DEPARTING)

Metro-North Railroad	MNR 6513	MNR 6521	MNR 6531	MNR 6539		MNR 6547	MNR 6561	MNR 6571	
New Haven Union Station	7:39 A	9:39 A	12:17 P	2:17 P		4:17 P	7:39 P	10:45 P	
West Haven	7:44 A	9:44 A	12:22 P	2:22 P		4:22 P	7:44 P	10:50 P	
Milford	7:52 A	9:52 A	12:29 P	2:29 P		4:29 P	7:52 P	10:57 P	
Stratford	7:58 A	9:58 A	12:36 P	2:36 P		4:36 P	7:58 P	11:04 P	
Bridgeport	8:05 A	10:05 A	12:42 P	2:42 P		4:42 P	8:05 P	11:10 P	
South Norwalk	8:33 A	10:33 A	1:06 P	3:06 P		5:06 P	8:33 P	11:38 P	
Stamford	8:51 A	10:51 A	1:20 P	3:20 P		5:20 P	8:51 P	11:56 P	
Greenwich									
Harlem - 125th St.	9:35 A	11:34 A	2:03 P	4:03 P		6:03 P	9:34 P	12:40 A	
Grand Central Terminal	9:48 A	11:46 A	2:15 P	4:15 P		6:15 P	9:46 P	12:52 A	

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CONNECTIONS FROM NEW YORK (ARRIVING)

Metro-North Railroad	MNR 6502			MNR 6504	MNR 6510		MNR 6518		MNR 6532	MNR 6546	MNR 6558
Grand Central Terminal	1:47 A			5:30 A	8:02 A		10:02 A		1:34 P	5:02 P	8:02 P
Harlem - 125th St.	1:57 A			5:40 A	8:12 A		10:12 A		1:44 P	5:12 P	8:12 P
Greenwich				6:27 A							
Stamford	2:36 A			6:41 A	8:55 A		10:54 A		2:26 P	5:54 P	8:54 P
South Norwalk	2:51 A			6:58 A	9:12 A		11:11 A		2:39 P	6:11 P	9:11 P
Bridgeport	3:18 A			7:27 A	9:41 A		11:40 A		3:02 P	6:40 P	9:40 P
Stratford	3:24 A			7:34 A	9:48 A		11:47 A		3:08 P	6:47 P	9:47 P
Milford	3:30 A			7:41 A	9:55 A		11:54 A		3:15 P	6:54 P	9:54 P
West Haven	3:37 A			7:48 A	10:02 A		12:01 P		3:22 P	7:01 P	10:01 P
New Haven Union Station	4:10 A			8:04 A	10:19 A		12:18 P		3:38 P	7:17 P	10:17 P

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TO NEW LONDON

	SLE 3690		SLE 3692	SLE 3604	SLE 3610		SLE 3618		SLE 3034	SLE 3644	SLE 3652
New Haven - Union Station	5:10 A		6:50 A	9:13 A	11:20 A		1:00 P		3:55 P	7:22 P	10:27 P
New Haven - State Street			6:52 A	9:15 A	11:22 A		1:02 P		3:57 P	7:24 P	10:29 P
TRACK 1 ▶ Branford	5:21 A	TRACK 1 ▶	7:02 A	9:28 A	11:34 A	TRACK 1 ▶	1:11 P	TRACK 2 ▶	4:10 P	7:37 P	10:41 P
TRACK 1 ▶ Guilford	5:29 A	TRACK 1 ▶	7:10 A	9:36 A	11:42 A	TRACK 1 ▶	1:19 P	TRACK 4 ▶	4:18 P	7:45 P	10:49 P
Madison	5:33 A						1:24 P		4:24 P	7:51 P	10:55 P
TRACK 2 ▶ Clinton	5:38 A	TRACK 1 ▶	7:18 A	9:47 A	11:52 A	TRACK 2 ▶	1:29 P	TRACK 2 ▶	4:29 P	7:56 P	11:00 P
TRACK 2 ▶ Westbrook	5:43 A	TRACK 1 ▶	7:23 A	9:52 A	11:57 A	TRACK 2 ▶	1:34 P	TRACK 2 ▶	4:34 P	8:01 P	11:05 P
Old Saybrook	5:49 A		7:32 A	10:05 A	12:06 P		1:41 P		4:43 P	8:12 P	11:13 P
New London	6:10 A		8:00 A	10:27 A	12:30 P		2:05 P		5:05 P	8:33 P	11:35 P

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