# CT*rail* Shore Line East Schedule

Legend

SLE SHORE LINE EAST CT rail | MNR Metro-North Railroad | AMTK AMTRAK

**Your bicycle can now ride on board every CT*rail* Hartford Line train. Bikes require reservations and cost extra on Amtrak Hartford Line trains. Visit Amtrak.com for details.**

**Effective November 16, 2026**

## MONDAY TO FRIDAY | LUNES A VIERNES

### TO NEW HAVEN

| | SLE THRU 1633 | SLE 1637 | SLE 1645 | | SLE 1659 | AMTK 93* | | SLE 1667 | SLE 1681 | AMTK 137* | SLE 1683 | SLE 1687 | SLE 1691 | SLE 1693 | SLE 1695 | SLE 1699 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| New London | 5:46 A | 6:25 A | 7:10 A | | 9:30 A | 11:04 A | | 11:25 A | 2:55 P | 3:22 P | 4:25 P | 6:15 P | 6:50 P | | 9:18 P | 10:43 P |
| Old Saybrook | 6:09 A | 6:48 A | 7:32 A | | 9:51 A | 11:30 A | | 11:46 A | 3:18 P | 3:44 P | 4:47 P | 6:38 P | 7:13 P | 8:14 P | 9:39 P | 11:04 P |
| TRACK 2 Westbrook | 6:14 A | 6:53 A | 7:39 A | TRACK 2 | 9:58 A | | TRACK 1 | 11:54 A | 3:24 P | | 4:52 P | 6:43 P | 7:18 P | 8:19 P | 9:45 P | 11:09 P |
| TRACK 2 Clinton | 6:19 A | 6:58 A | 7:44 A | TRACK 2 | 10:04 A | | TRACK 1 | 11:59 A | 3:29 P | | 4:57 P | 6:48 P | 7:23 P | 8:24 P | 9:50 P | 11:14 P |
| Madison | 6:24 A | 7:03 A | 7:49 A | | 10:10 A | | | | | | | | | | | |
| TRACK 4 Guilford | 6:30 A | 7:09 A | 7:55 A | TRACK 1 | 10:16 A | | TRACK 1 | 12:12 P | 3:39 P | | 5:07 P | 6:59 P | 7:34 P | 8:34 P | 10:01 P | 11:24 P |
| TRACK 2 Branford | 6:38 A | 7:18 A | 8:04 A | TRACK 1 | 10:26 A | | TRACK 1 | 12:21 P | 3:48 P | | 5:16 P | 7:08 P | 7:43 P | 8:43 P | 10:10 P | 11:33 P |
| New Haven - State Street | 6:49 A | 7:31 A | 8:17 A | | 10:38 A | | | 12:33 P | 4:00 P | | 5:28 P | 7:21 P | 7:56 P | 8:55 P | 10:23 P | 11:46 P |
| New Haven - Union Station | 6:52 A | 7:34 A | 8:22 A | | 10:42 A | 11:56 A | | 12:37 P | 4:04 P | 4:16 P | 5:34 P | 7:25 P | 8:00 P | 8:59 P | 10:27 P | 11:50 P |

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### CONNECTIONS TO NEW YORK (DEPARTING)

| Metro-North Railroad | SLE THRU 1633 | MNR 1537 MON - THURS | MNR 3539 FRI | MNR 3537 SUPER EXPRESS | MNR 1545 | | MNR 1557 | MNR 1561 | | MNR 1563 | MNR 1577 | MNR 1579 | MNR 1583 | MNR 1591 | MNR 1595 | MNR 1597 | MNR 1497 | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| New Haven Union Station | 6:55 A | 7:44 A | 7:41 A | 7:52 A | 8:47 A | | 11:21 A | 12:24 P | | 12:47 P | 4:24 P | 4:43 P | 5:40 P | 7:46 P | 8:43 P | 9:35 P | 10:45 P | |
| West Haven | 7:00 A | 7:49 A | 7:46 A | | 8:51 A | | 11:25 A | 12:28 P | | 12:52 P | 4:29 P | 4:48 P | 5:44 P | 7:51 P | 8:48 P | 9:40 P | 10:50 P | |
| Milford | 7:08 A | 7:56 A | 7:53 A | | 8:59 A | | 11:33 A | 12:36 P | | 1:00 P | 4:36 P | 4:56 P | 5:52 P | 7:58 P | 8:55 P | 9:48 P | 10:57 P | |
| Stratford | 7:15 A | 8:02 A | 7:59 A | | 9:06 A | | 11:39 A | 12:42 P | | 1:06 P | 4:43 P | 5:02 P | 5:59 P | 8:05 P | 9:02 P | 9:54 P | 11:04 P | |
| Bridgeport | 7:22 A | 8:08 A | 8:05 A | 8:12 A | 9:12 A | | 11:45 A | 12:49 P | | 1:13 P | 4:49 P | 5:08 P | 6:05 P | 8:12 P | 9:09 P | 10:01 P | 11:10 P | |
| South Norwalk | | 8:36 A | 8:33 A | | 9:35 A | | 12:10 P | 1:12 P | | 1:40 P | 5:17 P | 5:36 P | 6:33 P | 8:39 P | 9:36 P | 10:28 P | 11:38 P | |
| Stamford | 7:53 A | 8:49 A | 8:49 A | 8:40 A | 9:46 A | | 12:24 P | 1:27 P | | 1:58 P | 5:32 P | 5:54 P | 6:50 P | 8:57 P | 9:54 P | 10:46 P | 11:56 P | |
| Greenwich | | 8:57 A | 8:57 A | | | | | | | | 5:41 P | 6:03 P | 7:00 P | | | | | |
| Harlem - 125th St. | | 9:29 A | 9:29 A | | 10:28 A | | 1:11 P | 2:10 P | | 2:44 P | 6:12 P | 6:45 P | 7:39 P | 9:41 P | 10:41 P | 11:31 P | 12:40 A | |
| Grand Central Terminal | | 9:43 A | 9:43 A | 9:30 A | 10:40 A | | 1:23 P | 2:22 P | | 2:56 P | 6:26 P | 6:57 P | 7:49 P | 9:53 P | 10:52 P | 11:44 P | 12:52 A | |

Metro-North (New Haven Line) connections listed above are provided for informational purposes, however not all connection times are guaranteed. Visit MTA.info/mnr for more details and for information on travel to intermediate stations.

### CONNECTIONS FROM NEW YORK (ARRIVING)

| Metro-North Railroad | MNR 1502 | MNR 1502 | | | | MNR 1504 | | MNR 1510 | | MNR 1522 | MNR 1526 | MNR 1528 | MNR 1534 | SLE THRU 1638 | MNR 3542 | MNR 1556 | MNR 1562 | MNR 1560 MON - THURS | MNR 1574 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Grand Central Terminal | 1:47 A | 1:47 A | | | | 5:49 A | | 7:30 A | | 11:04 A | 12:04 P | 12:34 P | 2:04 P | | 4:11 P | 5:22 P | 5:46 P | 5:41 P | 6:55 P |
| Harlem - 125th St. | 1:57 A | 1:57 A | | | | 5:59 A | | 7:40 A | | 11:14 A | 12:14 P | 12:44 P | 2:14 P | | | 5:32 P | 5:56 P | | 7:05 P |
| Greenwich | | | | | | 6:31 A | | 8:14 A | | | | | | | | | | | |
| Stamford | 2:36 A | 2:36 A | | | | 6:40 A | | 8:24 A | | 11:55 A | 12:55 P | 1:25 P | 2:55 P | 4:13 P | 4:55 P | 6:09 P | 6:34 P | | 7:44 P |
| South Norwalk | 2:51 A | 2:51 A | | | | 6:54 A | | 8:37 A | | 12:11 P | 1:11 P | 1:37 P | 3:10 P | | | | 6:49 P | | 7:59 P |
| Bridgeport | 3:18 A | 3:18 A | | | | 7:23 A | | 8:59 A | | 12:40 P | 1:40 P | 2:01 P | 3:39 P | 4:42 P | 5:17 P | 6:44 P | 7:16 P | 7:04 P | 8:26 P |
| Stratford | 3:24 A | 3:24 A | | | | 7:29 A | | 9:05 A | | 12:47 P | 1:47 P | 2:07 P | 3:46 P | 4:49 P | | 6:50 P | 7:22 P | 7:11 P | 8:32 P |
| Milford | 3:30 A | 3:30 A | | | | 7:36 A | | 9:12 A | | 12:54 P | 1:54 P | 2:14 P | 3:53 P | 4:56 P | | 6:58 P | 7:30 P | 7:18 P | 8:39 P |
| West Haven | 3:37 A | 3:37 A | | | | 7:43 A | | 9:19 A | | 1:03 P | 2:03 P | 2:23 P | 4:02 P | 5:03 P | | 7:05 P | 7:37 P | 7:25 P | 8:46 P |
| New Haven Union Station | 3:56 A | 3:56 A | | | | 7:54 A | | 9:31 A | | 1:13 P | 2:15 P | 2:36 P | 4:15 P | 5:14 P | 5:42 P | 7:16 P | 7:49 P | 7:33 P | 9:01 P |

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### TO NEW LONDON

| | SLE 1600 | SLE 1602 | | SLE 1604 | | SLE 1606 | | SLE 1610 | | SLE 1624 | AMTK 86* | SLE 1628 | SLE 1634 | SLE THRU 1638 | SLE 1640 | AMTK 94* | SLE 1646 | SLE 1652 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| New Haven - Union Station | 4:25 A | 4:55 A | | 5:30 A | | 8:05 A | | 10:00 A | | 1:32 P | 2:22 P | 3:00 P | 4:31 P | 5:18 P | 6:07 P | 7:27 P | 7:55 P | 9:20 P |
| New Haven - State Street | 4:27 A | 4:57 A | | 5:32 A | | 8:07 A | | 10:02 A | | 1:34 P | | 3:02 P | 4:33 P | 5:20 P | 6:09 P | | 7:57 P | 9:22 P |
| TRACK 2 Branford | 4:37 A | 5:09 A | TRACK 1 | 5:44 A | TRACK 1 | 8:19 A | TRACK 1 | 10:15 A | TRACK 2 | 1:46 P | | 3:13 P | 4:46 P | 5:29 P | 6:23 P | | 8:09 P | 9:33 P |
| TRACK 4 Guilford | 4:45 A | 5:17 A | TRACK 1 | 5:52 A | TRACK 1 | 8:27 A | TRACK 1 | 10:23 A | TRACK 4 | 1:54 P | | 3:22 P | 4:54 P | 5:38 P | 6:32 P | | 8:17 P | 9:41 P |
| Madison | 4:50 A | 5:23 A | | | | 8:33 A | | | | 2:00 P | | 3:28 P | 5:01 P | 5:42 P | 6:38 P | | 8:23 P | 9:47 P |
| TRACK 2 Clinton | 4:55 A | 5:28 A | TRACK 1 | 6:02 A | TRACK 2 | 8:38 A | TRACK 1 | 10:33 A | TRACK 2 | 2:05 P | | 3:33 P | 5:06 P | 5:47 P | 6:43 P | | 8:28 P | 9:52 P |
| TRACK 2 Westbrook | 5:00 A | 5:33 A | TRACK 1 | 6:07 A | TRACK 2 | 8:43 A | TRACK 1 | 10:38 A | TRACK 2 | 2:10 P | | 3:38 P | 5:11 P | 5:52 P | 6:49 P | | 8:33 P | 9:57 P |
| Old Saybrook | 5:07 A | 5:39 A | | 6:15 A | | 8:52 A | | 10:46 A | | 2:18 P | | 3:46 P | 5:21 P | 5:58 P | 6:57 P | 7:56 P | 8:43 P | 10:05 P |
| New London | 5:30 A | 6:05 A | | 6:40 A | | 9:15 A | | 11:10 A | | 2:40 P | 3:06 P | 4:10 P | 5:43 P | 6:25 P | | 8:13 P | 9:02 P | 10:28 P |

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## WEEKEND/HOLIDAY | FIN DE SEMANA/DIA FESTIVO

### TO NEW HAVEN

| | SLE 3613 | SLE 3621 | SLE 3629 | SLE 3637 | | SLE 3645 | SLE 3655 | SLE 3663 | SLE 3699 |
|---|---|---|---|---|---|---|---|---|---|
| New London | 6:25 A | 8:18 A | 10:42 A | 12:45 P | | 2:30 P | 5:25 P | 8:50 P | 11:50 P |
| Old Saybrook | 6:46 A | 8:39 A | 11:05 A | 1:10 P | | 2:52 P | 5:49 P | 9:13 P | 12:10 A |
| TRACK 2 ▶ Westbrook | 6:51 A | 8:44 A | 11:12 A | 1:18 P | TRACK 1 ▶ | 2:58 P | 5:54 P | 9:21 P | 12:15 A |
| TRACK 2 ▶ Clinton | 6:56 A | 8:49 A | 11:17 A | 1:23 P | TRACK 1 ▶ | 3:03 P | 5:59 P | 9:26 P | 12:21 A |
| Madison | 7:01 A | 8:54 A | 11:22 A | 1:28 P | | | | | |
| TRACK 4 ▶ Guilford | 7:06 A | 8:59 A | 11:28 A | 1:34 P | TRACK 1 ▶ | 3:13 P | 6:08 P | 9:36 P | 12:30 A |
| TRACK 2 ▶ Branford | 7:14 A | 9:07 A | 11:37 A | 1:43 P | TRACK 1 ▶ | 3:22 P | 6:18 P | 9:45 P | 12:39 A |
| New Haven - State Street | 7:28 A | 9:19 A | 11:50 A | 1:56 P | | 3:35 P | 6:31 P | 9:58 P | |
| New Haven - Union Station | 7:30 A | 9:23 A | 11:55 A | 2:01 P | | 3:39 P | 6:35 P | 10:03 P | 12:55 A |

### CONNECTIONS TO NEW YORK (DEPARTING)

| Metro-North Railroad | MNR 6513 | MNR 6521 | MNR 6531 | MNR 6539 | | MNR 6547 | MNR 6559 SUNDAY ONLY | MNR 6571 | |
|---|---|---|---|---|---|---|---|---|---|
| New Haven Union Station | 7:39 A | 9:39 A | 12:17 P | 2:17 P | | 4:17 P | 7:17 P | 10:45 P | |
| West Haven | 7:44 A | 9:44 A | 12:22 P | 2:22 P | | 4:22 P | 7:22 P | 10:50 P | |
| Milford | 7:52 A | 9:52 A | 12:29 P | 2:29 P | | 4:29 P | 7:29 P | 10:57 P | |
| Stratford | 7:58 A | 9:58 A | 12:36 P | 2:36 P | | 4:36 P | 7:36 P | 11:04 P | |
| Bridgeport | 8:05 A | 10:05 A | 12:42 P | 2:42 P | | 4:42 P | 7:42 P | 11:10 P | |
| South Norwalk | 8:33 A | 10:33 A | 1:06 P | 3:06 P | | 5:06 P | 8:06 P | 11:38 P | |
| Stamford | 8:51 A | 10:51 A | 1:20 P | 3:20 P | | 5:20 P | 8:20 P | 11:56 P | |
| Greenwich | | | | | | | | | |
| Harlem - 125th St. | 9:35 A | 11:34 A | 2:03 P | 4:03 P | | 6:03 P | 9:03 P | 12:40 A | |
| Grand Central Terminal | 9:48 A | 11:46 A | 2:15 P | 4:15 P | | 6:15 P | 9:15 P | 12:52 A | |

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### CONNECTIONS FROM NEW YORK (ARRIVING)

| Metro-North Railroad | MNR 6502 | | | MNR 6504 | MNR 6510 | | MNR 6518 | | MNR 6532 | MNR 6546 | MNR 6558 |
|---|---|---|---|---|---|---|---|---|---|---|---|
| Grand Central Terminal | 1:47 A | | | 5:30 A | 8:02 A | | 10:02 A | | 1:34 P | 5:02 P | 8:02 P |
| Harlem - 125th St. | 1:57 A | | | 5:40 A | 8:12 A | | 10:12 A | | 1:44 P | 5:12 P | 8:12 P |
| Greenwich | | | | 6:27 A | | | | | | | |
| Stamford | 2:36 A | | | 6:41 A | 8:55 A | | 10:54 A | | 2:26 P | 5:54 P | 8:54 P |
| South Norwalk | 2:51 A | | | 6:58 A | 9:12 A | | 11:11 A | | 2:39 P | 6:11 P | 9:11 P |
| Bridgeport | 3:18 A | | | 7:27 A | 9:41 A | | 11:40 A | | 3:02 P | 6:40 P | 9:40 P |
| Stratford | 3:24 A | | | 7:34 A | 9:48 A | | 11:47 A | | 3:08 P | 6:47 P | 9:47 P |
| Milford | 3:30 A | | | 7:41 A | 9:55 A | | 11:54 A | | 3:15 P | 6:54 P | 9:54 P |
| West Haven | 3:37 A | | | 7:48 A | 10:02 A | | 12:01 P | | 3:22 P | 7:01 P | 10:01 P |
| New Haven Union Station | 4:10 A | | | 8:04 A | 10:19 A | | 12:18 P | | 3:38 P | 7:17 P | 10:17 P |

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### TO NEW LONDON

| | SLE 3690 | | SLE 3692 | SLE 3604 | SLE 3610 | | SLE 3618 | | SLE 3034 | SLE 3644 | SLE 3652 |
|---|---|---|---|---|---|---|---|---|---|---|---|
| New Haven - Union Station | 5:10 A | | 6:50 A | 9:13 A | 11:20 A | | 1:00 P | | 3:55 P | 7:22 P | 10:27 P |
| New Haven - State Street | | | 6:52 A | 9:15 A | 11:22 A | | 1:02 P | | 3:57 P | 7:24 P | 10:29 P |
| TRACK 1 ▶ Branford | 5:21 A | TRACK 1 ▶ | 7:02 A | 9:28 A | 11:34 A | TRACK 1 ▶ | 1:11 P | TRACK 2 ▶ | 4:10 P | 7:37 P | 10:41 P |
| TRACK 1 ▶ Guilford | 5:29 A | TRACK 1 ▶ | 7:10 A | 9:36 A | 11:42 A | TRACK 1 ▶ | 1:19 P | TRACK 4 ▶ | 4:18 P | 7:45 P | 10:49 P |
| Madison | 5:33 A | | | | | | 1:24 P | | 4:24 P | 7:51 P | 10:55 P |
| TRACK 2 ▶ Clinton | 5:38 A | TRACK 1 ▶ | 7:18 A | 9:47 A | 11:52 A | TRACK 2 ▶ | 1:29 P | TRACK 2 ▶ | 4:29 P | 7:56 P | 11:00 P |
| TRACK 2 ▶ Westbrook | 5:43 A | TRACK 1 ▶ | 7:23 A | 9:52 A | 11:57 A | TRACK 2 ▶ | 1:34 P | TRACK 2 ▶ | 4:34 P | 8:01 P | 11:05 P |
| Old Saybrook | 5:49 A | | 7:32 A | 10:05 A | 12:06 P | | 1:41 P | | 4:43 P | 8:12 P | 11:13 P |
| New London | 6:10 A | | 8:00 A | 10:27 A | 12:30 P | | 2:05 P | | 5:05 P | 8:33 P | 11:35 P |

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