SHORE LINE EAST CTrail

Effective October 12, 2026

CTrail Shore Line East Schedule

Legend

SLE | SHORE LINE EAST CTrail | MNR | Metro-North Railroad | AMTK | AMTRAK

Your bicycle can now ride on board every CTrail Shore Line East train.
Bikes require reservations and cost extra on Amtrak trains.
Visit Amtrak.com for details.

MONDAY TO FRIDAY | LUNES A VIERNES

TO NEW HAVEN

	SLE THRU 1633	SLE 1637	SLE 1645		SLE 1659		SLE 1667	SLE 1681	SLE 1683	SLE 1687	SLE 1691	SLE 1693	SLE 1695	SLE 1699
New London	5:46 A	6:30 A	7:25 A		9:58 A		11:12 A	3:05 P	4:40 P	6:00 P	6:50 P	7:28 P	9:05 P	10:15 P
Old Saybrook	6:06 A	6:50 A	7:45 A		10:19 A		11:33 A	3:27 P	5:02 P	6:21 P	7:12 P	7:50 P	9:25 P	10:36 P
TRACK 2 Westbrook	6:11 A	6:55 A	7:50A	TRACK 2	10:24 A	TRACK 1	11:39 A	3:32 P	5:07 P	6:26 P	7:17 P	7:55 P	9:30 P	10:41 P
TRACK 2 Clinton	6:16 A	7:00 A	7:55 A	TRACK 2	10:29 A	TRACK 1	11:44 A	3:37 P	5:12 P	6:30 P	7:22 P	8:00 P	9:35 P	10:46 P
Madison	6:21 A	7:05 A	8:00 A		10:34 A									
TRACK 4 Guilford	6:29 A	7:11 A	8:06 A	TRACK 1	10:39 A	TRACK 1	11:57 A	3:47 P	5:22 P	6:39 P	7:32 P	8:10 P	9:46 P	10:54 P
TRACK 2 Branford	6:37 A	7:18 A	8:15 A	TRACK 1	10:47 A	TRACK 1	12:04 P	3:56 P	5:31 P	6:47 P	7:41 P	8:19 P	9:55 P	11:01 P
New Haven - State Street	6:47A	7:29 A	8:27 A		10:57 A		12:14 P	4:08 P	5:43 P	6:59 P	7:53 P	8:31 P	10:07 P	11:13 P
New Haven - Union Station	6:51 A	7:32 A	8:30 A		11:04 A		12:18 P	4:14 P	5:49 P	7:05 P	7:59 P	8:37 P	10:11 P	11:18 P

CONNECTIONS TO NEW YORK (DEPARTING)

Metro-North RailRoad	SLE THRU 1633	MNR 1537 MON-THURS	MNR 3539 FRI	MNR 3537 SUP EXP	MNR 1545		MNR 1557		MNR 1561	MNR 1577	MNR 1587	MNR 1591	MNR 1595	MNR 1595	MNR 1497	MNR 1599
New Haven Union Station	6:55 A	7:44 A	7:41 A	7:52 A	8:47 A		11:21 A		12:24 P	4:24 P	6:52 P	7:46 P	8:43 P	8:43 P	10:45 P	11:24 P
West Haven	7:00 A	7:49 A	7:46 A		8:51 A		11:25 A		12:28 P	4:29 P	6:57 P	7:51 P	8:48 P	8:48 P	10:50 P	11:29 P
Milford	7:08 A	7:56 A	7:53 A		8:59 A		11:33 A		12:36 P	4:36 P	7:05 P	7:58 P	8:55 P	8:55 P	10:57 P	11:37 P
Stratford	7:15 A	8:02 A	7:59 A		9:06 A		11:39 A		12:42 P	4:43 P	7:11 P	8:05 P	9:02 P	9:02 P	11:04 P	11:43 P
Bridgeport	7:22 A	8:08 A	8:05 A	8:12 A	9:12 A		11:45 A		12:49 P	4:49 P	7:18 P	8:12 P	9:09 P	9:09 P	11:10 P	11:49 P
South Norwalk		8:36 A	8:33 A		9:35 A		12:10 P		1:12 P	5:17 P	7:46 P	8:39 P	9:36 P	9:36 P	11:38 P	12:17 A
Stamford	7:53 A	8:49 A	8:49 A	8:40 A	9:46 A		12:24 P		1:27 P	5:32 P	8:03 P	8:57 P	9:54 P	9:54 P	11:56 P	12:35 A
Greenwich		8:57 A	8:57 A							5:41 P	8:13 P					
Harlem - 125th St.		9:29 A	9:29 A		10:28 A		1:11 P		2:10 P	6:12 P	8:50 P	9:41 P	10:41 P	10:41 P	12:40 A	1:20 A
Grand Central Terminal		9:43 A	9:43 A	9:30 A	10:40 A		1:23 P		2:22 P	6:26 P	9:02 P	9:53 P	10:52 P	10:52 P	12:52 A	1:32 A

CONNECTIONS FROM NEW YORK (ARRIVING)

Metro-North RailRoad	MNR 1502	MNR 1502				MNR 1504		MNR 1510		MNR 1524	MNR 1528	MNR 1534	SLE THRU 1638	MNR 3542	MNR 1556	MNR 1560 MON-THURS	MNR 1570
Grand Central Terminal	1:47 A	1:47 A				5:49 A		7:30 A		11:34 A	12:34 P	2:04 P		4:11 P	5:22 P	5:41 P	6:31 P
Harlem - 125th St.	1:57 A	1:57 A				5:59 A		7:40 A		11:44 A	12:44 P	2:14 P			5:32 P		6:41 P
Greenwich						6:31 A		8:14 A									
Stamford	2:36 A	2:36 A				6:40 A		8:24 A		12:25 P	1:25 P	2:55 P	4:13 P	4:55 P	6:09 P		
South Norwalk	2:51 A	2:51 A				6:54 A		8:37 A		12:37 P	1:37 P	3:10 P					
Bridgeport	3:18 A	3:18 A				7:23 A		8:59 A		1:01 P	2:01 P	3:39 P	4:42 P	5:17 P	6:44 P	7:04 P	7:56 P
Stratford	3:24 A	3:24 A				7:29 A		9:05 A		1:07 P	2:07 P	3:46 P	4:49 P		6:50 P	7:11 P	8:03 P
Milford	3:30 A	3:30 A				7:36 A		9:12 A		1:14 P	2:14 P	3:53 P	4:56 P		6:58 P	7:18 P	8:10 P
West Haven	3:37 A	3:37 A				7:43 A		9:19 A		1:23 P	2:23 P	4:02 P	5:03 P		7:05 P	7:25 P	8:17 P
New Haven Union Station	3:56 A	3:56 A				7:54 A		9:31 A		1:36 P	2: 36 P	4:15 P	5:14 P	5:42 P	7:16 P	7:33 P	8:30 P

TO NEW LONDON

	SLE 1600	SLE 1602		SLE 1604		SLE 1606		SLE 1610		SLE 1624	SLE 1628	SLE 1634	SLE THRU 1638	SLE 1640	SLE 1646	SLE 1652
New Haven - Union Station	4:25 A	4:55 A		6:05 A		8:05 A		9:50 A		1:43 P	2:55 P	4:28 P	5:18 P	6:03 P	7:45 P	8:50 P
New Haven - State Street	4:27 A	4:57 A		6:07 A		8:07 A		9:52 A		1:45 P	2:57 P	4:30 P	5:20 P	6:05 P	7:47 P	8:52 P
TRACK 2 Branford	4:36 A	5:07 A	TRACK 1	6:17 A	TRACK 1	8:16 A	TRACK 1	10:02 A	TRACK 2	1:54 P	3:07 P	4:39 P	5:29 P	6:15 P	7:56 P	9:01 P
TRACK 4 Guilford	4:44 A	5:16 A	TRACK 1	6:25 A	TRACK 1	8:24 A	TRACK 1	10:10 A	TRACK 4	2:02 P	3:16 P	4:49 P	5:37 P	6:24 P	8:04 P	9:09 P
Madison	4:49 A	5:23 A				8:30 A				2:07 P	3:23 P	4:58 P	5:42 P	6:31 P	8:09 P	9:14 P
TRACK 2 Clinton	4:54 A	5:28 A	TRACK 1	6:35 A	TRACK 2	8:34 A	TRACK 1	10:20 A	TRACK 2	2:12 P	3:28 P	5:03 P	5:47 P	6:36 P	8:14 P	9:19 P
TRACK 2 Westbrook	4:59 A	5:33 A	TRACK 1	6:40 A	TRACK 2	8:39 A	TRACK 1	10:25 A	TRACK 2	2:17 P	3:33 P	5:08 P	5:52 P	6:41 P	8:19 P	9:24 P
Old Saybrook	5:06 A	5:40 A		6:47 A		8:45 A		10:31 A		2:23 P	3:40 P	5:13 P	5:59 P	6:48 P	8:26 P	9:31 P
New London	5:29 A	6:05 A		7:08 A		9:12 A		10:55 A		2:50 P	4:05 P	5:40 P	6:28 P	7:13 P	8:50 P	9:55 P

*NOTE: Amtrak only accepts a CTrail Shore Line East monthly pass or ten-trip ticket on Amtrak trains between New Haven and New London. Passengers must reserve a seat in advance through Amtrak's RideReserve program. Visit ShoreLineEast.com/tickets-and-fares for more information.
*NOTA: Amtrak solo acepta un pase mensual de CTrail Shore Line East o un boleto de diez viajes en los trenes de Amtrak entre New Haven y New London. Los pasajeros deben reservar un asiento con anticipación a través del programa RideReserve de Amtrak. Visite ShoreLineEast.com/ tickets-and-fares para obtener más información.

Contact Us:
1-877-287-4337

ShoreLineEast.com

CTrail eTix App
Buy tix using your mobile device

App Store | Google play

WEEKEND/HOLIDAY | FIN DE SEMANA / DIA FESTIVO

TO NEW HAVEN

	SLE 3613	SLE 3621	SLE 3629	SLE 3637		SLE 3645	SLE 3655	SLE 3663	SLE 3699
New London	6:25 A	8:18 A	10:35 A	12:16 P		2:19 P	5:29 P	9:00 P	11:45 P
Old Saybrook	6:46 A	8:39 A	11:00 A	12:39 P		2:41 P	5:50 P	9:21 P	12:05 A
TRACK 2 Westbrook	6:51 A	8:44 A	11:07 A	12:46 P	TRACK 1	2:50 P	5:55 P	9:26 P	12:09 A
TRACK 2 Clinton	6:56 A	8:49 A	11:12 A	12:51 P	TRACK 1	2:55 P	6:00 P	9:31 P	12:14 A
Madison	7:01 A	8:54 A	11:17 A	12:56 P					
TRACK 4 Guilford	7:06 A	8:59 A	11:22 A	1:01 P	TRACK 1	3:04 P	6:08 P	9:39 P	12:22 A
TRACK 2 Branford	7:14 A	9:07 A	11:30 A	1:10 P	TRACK 1	3:12 P	6:16 P	9:47 P	12:30 A
New Haven - State Street	7:28 A	9:19 A	11:42 A	1:21 P		3:23 P	6:26 P	9:57 P	
New Haven - Union Station	7:30 A	9:23 A	11:45 A	1:25 P		3:27 P	6:32 P	10:01 P	12:50 A

CONNECTIONS TO NEW YORK (DEPARTING)

Metro-North RailRoad	MNR 6513	MNR 6521	MNR 6531	MNR 6537		MNR 6545	MNR 6557	MNR 6571	
New Haven Union Station	7:39 A	9:39 A	12:17 P	1:39 P		3:39 P	6:39 P	10:45 P	
West Haven	7:44 A	9:44 A	12:22 P	1:44 P		3:44 P	6:44 P	10:50 P	
Milford	7:52 A	9:52 A	12:29 P	1:52 P		3:52 P	6:52 P	10:57 P	
Stratford	7:58 A	9:58 A	12:36 P	1:58 P		3:58 P	6:58 P	11:04 P	
Bridgeport	8:05 A	10:05 A	12:42 P	2:05 P		4:05 P	7:05 P	11:10 P	
South Norwalk	8:33 A	10:33 A	1:06 P	2:33 P		4:33 P	7:33 P	11:38 P	
Stamford	8:51 A	10:51 A	1:20 P	2:51 P		4:51 P	7:51 P	11:56 P	
Greenwich									
Harlem - 125th St.	9:35 A	11:34 A	2:03 P	3:34 P		5:35 P	8:34 P	12:40 A	
Grand Central Terminal	9:48 A	11:46 A	2:15 P	3:46 P		5:47 P	8:46 P	12:52 A	

CONNECTIONS FROM NEW YORK (ARRIVING)

Metro-North RailRoad	MNR 6502			MNR 6504	MNR 6510		MNR 6518		MNR 6532	MNR 6546	MNR 6558
Grand Central Terminal	1:47 A			5:30 A	8:02 A		10:02 A		1:34 P	5:02 P	8:02 P
Harlem - 125th St.	1:57 A			5:40 A	8:12 A		10:12 A		1:44 P	5:12 P	8:12 P
Greenwich				6:27 A							
Stamford	2:36 A			6:41 A	8:55 A		10:54 A		2:26 P	5:54 P	8:54 P
South Norwalk	2:51 A			6:58 A	9:12 A		11:11 A		2:39 P	6:11 P	9:11 P
Bridgeport	3:18 A			7:27 A	9:41 A		11:40 A		3:02 P	6:40 P	9:40 P
Stratford	3:24 A			7:34 A	9:48 A		11:47 A		3:08 P	6:47 P	9:47 P
Milford	3:30 A			7:41 A	9:55 A		11:54 A		3:15 P	6:54 P	9:54 P
West Haven	3:37 A			7:48 A	10:02 A		12:01 P		3:22 P	7:01 P	10:01 P
New Haven Union Station	4:10 A			8:04 A	10:19 A		12:18 P		3:38 P	7:17 P	10:17 P

TO NEW LONDON

	SLE 3690		SLE 3692	SLE 3604	SLE 3610		SLE 3618		SLE 3034	SLE 3644	SLE 3652
New Haven - Union Station	5:10 A		6:50 A	9:12 A	10:45 A		1:00 P		4:05 P	7:25 P	10:25 P
New Haven - State Street			6:52 A	9:14 A	10:47 A		1:02 P		4:07 P	7:27 P	10:27 P
TRACK 1 Branford	5:21 A	TRACK 1	7:02 A	9:25 A	10:56 A	TRACK 1	1:11 P	TRACK 2	4:15 P	7:37 P	10:37 P
TRACK 1 Guilford	5:29 A	TRACK 1	7:10 A	9:33 A	11:05 A	TRACK 1	1:19 P	TRACK 4	4:23 P	7:45 P	10:45 P
Madison	5:33 A						1:24 P		4:28 P	7:50 P	10:50 P
TRACK 2 Clinton	5:38 A	TRACK 1	7:18 A	9:44 A	11:13 A	TRACK 2	1:29 P	TRACK 2	4:33 P	7:55 P	10:55 P
TRACK 2 Westbrook	5:43 A	TRACK 1	7:23 A	9:49 A	11:18 A	TRACK 2	1:34 P	TRACK 2	4:38 P	8:00 P	11:00 P
Old Saybrook	5:49 A		7:32 A	9:56 A	11:26 A		1:41 P		4:45 P	8:11 P	11:06 P
New London	6:10 A		8:00 A	10:20 A	11:55 A		2:05 P		5:10 P	8:35 P	11:29 P

Metro-North (New Haven Line) connections listed above are provided for informational purposes, however not all connection times are guaranteed. Visit MTA.info/mnr for more details and for information on travel to intermediate stations.

Contact Us:
1-877-287-4337

ShoreLineEast.com

CT *rail* eTix App
Buy tix using your mobile device

App Store
Google play

