



CTrail Shore Line East Schedule

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CTrail Shore Line East train.
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Legend	SHORE LINE EAST CT rail	MNR	MTA Metro-North Railroad	AMTK	AMTRAK
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Effective August 29 and 30, 2026

WEEKEND/HOLIDAY | FIN DE SEMANA / DIA FESTIVO

TO NEW HAVEN

	SLE 3613	SLE 3621	SLE 3629	SLE 3637		SLE 3645	SLE 3655	SLE 3663	SLE 3699
New London	6:25 A	8:18 A	10:35 A	12:16 P		2:19 P	5:25 P	9:00 P	11:45 P
Old Saybrook	6:46 A	8:39 A	11:00 A	12:39 P		2:41 P	5:48 P	9:21 P	12:05 A
TRACK 2 ▶ Westbrook	6:51 A	8:44 A	11:07 A	12:46 P	TRACK 1 ▶	2:50 P	5:53 P	9:26 P	12:09 A
TRACK 2 ▶ Clinton	6:56 A	8:49 A	11:12 A	12:51 P	TRACK 1 ▶	2:55 P	5:58 P	9:31 P	12:14 A
Madison	7:01 A	8:54 A	11:17 A	12:56 P					
TRACK 4 ▶ Guilford	7:06 A	8:59 A	11:22 A	1:01 P	TRACK 1 ▶	3:04 P	6:06 P	9:39 P	12:22 A
TRACK 2 ▶ Branford	7:14 A	9:07 A	11:30 A	1:10 P	TRACK 1 ▶	3:12 P	6:14 P	9:47 P	12:30 A
New Haven - State Street	7:28 A	9:19 A	11:42 A	1:21 P		3:23 P	6:26 P	9:57 P	
New Haven - Union Station	7:30 A	9:23 A	11:45 A	1:25 P		3:27 P	6:32 P	10:01 P	12:50 A

CONNECTIONS TO NEW YORK (DEPARTING)

Metro-North RailRoad	MNR 6513	MNR 6521	MNR 6531	MNR 6537		MNR 6545	MNR 6557	MNR 6571	
New Haven Union Station	7:39 A	9:39 A	12:17 P	1:39 P		3:39 P	6:39 P	10:45 P	
West Haven	7:44 A	9:44 A	12:22 P	1:44 P		3:44 P	6:44 P	10:50 P	
Milford	7:52 A	9:52 A	12:29 P	1:52 P		3:52 P	6:52 P	10:57 P	
Stratford	7:58 A	9:58 A	12:36 P	1:58 P		3:58 P	6:58 P	11:04 P	
Bridgeport	8:05 A	10:05 A	12:42 P	2:05 P		4:05 P	7:05 P	11:10 P	
South Norwalk	8:33 A	10:33 A	1:06 P	2:33 P		4:33 P	7:33 P	11:38 P	
Stamford	8:51 A	10:51 A	1:20 P	2:51 P		4:51 P	7:51 P	11:56 P	
Greenwich									
Harlem - 125th St.	9:35 A	11:34 A	2:03 P	3:34 P		5:35 P	8:34 P	12:40 A	
Grand Central Terminal	9:48 A	11:46 A	2:15 P	3:46 P		5:47 P	8:46 P	12:52 A	

CONNECTIONS FROM NEW YORK (ARRIVING)

Metro-North RailRoad	MNR 6502			MNR 6504	MNR 6510		MNR 6518		MNR 6532	MNR 6546	MNR 6558
Grand Central Terminal	1:47 A			5:30 A	8:02 A		10:02 A		1:34 P	5:02 P	8:02 P
Harlem - 125th St.	1:57 A			5:40 A	8:12 A		10:12 A		1:44 P	5:12 P	8:12 P
Greenwich				6:27 A							
Stamford	2:36 A			6:41 A	8:55 A		10:54 A		2:26 P	5:54 P	8:54 P
South Norwalk	2:51 A			6:58 A	9:12 A		11:11 A		2:39 P	6:11 P	9:11 P
Bridgeport	3:18 A			7:27 A	9:41 A		11:40 A		3:02 P	6:40 P	9:40 P
Stratford	3:24 A			7:34 A	9:48 A		11:47 A		3:08 P	6:47 P	9:47 P
Milford	3:30 A			7:41 A	9:55 A		11:54 A		3:15 P	6:54 P	9:54 P
West Haven	3:37 A			7:48 A	10:02 A		12:01 P		3:22 P	7:01 P	10:01 P
New Haven Union Station	4:10 A			8:04 A	10:19 A		12:18 P		3:38 P	7:17 P	10:17 P

TO NEW LONDON

	SLE 3690		SLE 3692	SLE 3604	SLE 3610		SLE 3618		SLE 3034	SLE 3644	SLE 3652
New Haven - Union Station	5:10 A		6:50 A	9:12 A	10:45 A		1:00 P		4:05 P	7:25 P	10:25 P
New Haven - State Street			6:52 A	9:14 A	10:47 A		1:02 P		4:07 P	7:27 P	10:27 P
TRACK 1 ▶ Branford	5:21 A	TRACK 1 ▶	7:02 A	9:25 A	10:56 A	TRACK 1 ▶	1:11 P	TRACK 2 ▶	4:15 P	7:37 P	10:37 P
TRACK 1 ▶ Guilford	5:29 A	TRACK 1 ▶	7:10 A	9:33 A	11:05 A	TRACK 1 ▶	1:19 P	TRACK 4 ▶	4:23 P	7:45 P	10:45 P
Madison	5:33 A						1:24 P		4:28 P	7:50 P	10:50 P
TRACK 2 ▶ Clinton	5:38 A	TRACK 1 ▶	7:18 A	9:44 A	11:13 A	TRACK 2 ▶	1:29 P	TRACK 2 ▶	4:33 P	7:55 P	10:55 P
TRACK 2 ▶ Westbrook	5:43 A	TRACK 1 ▶	7:23 A	9:49 A	11:18 A	TRACK 2 ▶	1:34 P	TRACK 2 ▶	4:38 P	8:00 P	11:00 P
Old Saybrook	5:49 A		7:32 A	9:56 A	11:26 A		1:41 P		4:45 P	8:11 P	11:06 P
New London	6:10 A		8:00 A	10:20 A	11:55 A		2:05 P		5:10 P	8:35 P	11:29 P

Metro-North (New Haven Line) connections listed above are provided for informational purposes, however not all connection times are guaranteed. Visit MTA.info/nr for more details and for information on travel to intermediate stations.

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