



CTrail Shore Line East Schedule

Legend

SLE

MNR

AMTK

Your bicycle can now ride on board every CTrail Shore Line East train.
Bikes require reservations and cost extra on Amtrak trains.
Visit Amtrak.com for details.

Effective Aug 15-16 & 22-23, 2026

WEEKEND/HOLIDAY | FIN DE SEMANA / DIA FESTIVO

TO NEW HAVEN

	SLE 3613	SLE 3621	SLE 3629	SLE 3637		SLE 3645	SLE 3655	SLE 3663	SLE 3699
New London	6:30 A	8:20 A	10:45 A	12:13 P		2:25 P	5:29 P	9:05 P	11:45 P
Old Saybrook	6:55 A	8:45 A	11:09 A	12:34 P		2:50 P	5:50 P	9:26 P	12:05 A
TRACK 2 ▶ Westbrook	7:01 A	8:50 A	11:16 A	12:41 P	TRACK 1 ▶	2:58 P	5:55 P	9:31 P	12:09 A
TRACK 2 ▶ Clinton	7:07 A	8:55 A	11:21 A	12:46 P	TRACK 1 ▶	3:03 P	6:00 P	9:36 P	12:14 A
Madison	7:13 A	9:00 A	11:26 A	12:51 P					
TRACK 1 ▶ Guilford	7:18 A	9:05 A	11:31 A	12:56 P	TRACK 1 ▶	3:12 P	6:08 P	9:44 P	12:22 A
TRACK 2 ▶ Branford	7:26 A	9:13 A	11:39 A	1:04 P	TRACK 1 ▶	3:20 P	6:16 P	9:52 P	12:30 A
New Haven - State Street	7:38 A	9:25 A	11:51 A	1:18 P		3:31 P	6:26 P	10:02 P	
New Haven - Union Station	7:40 A	9:29 A	11:55 A	1:22 P		3:33 P	6:32 P	10:06 P	12:50 A

CONNECTIONS TO NEW YORK (DEPARTING)

Metro-North RailRoad	MNR 6515	MNR 6521	MNR 6531	MNR 6537		MNR 6547	MNR 6557	MNR 6571	
New Haven Union Station	8:17 A	9:39 A	12:17 P	1:39 P		4:17 P	6:39 P	10:45 P	
West Haven	8:22 A	9:44 A	12:22 P	1:44 P		4:22 P	6:44 P	10:50 P	
Milford	8:29 A	9:52 A	12:29 P	1:52 P		4:29 P	6:52 P	10:57 P	
Stratford	8:36 A	9:58 A	12:36 P	1:58 P		4:36 P	6:58 P	11:04 P	
Bridgeport	8:42 A	10:05 A	12:42 P	2:05 P		4:42 P	7:05 P	11:10 P	
South Norwalk	9:06 A	10:33 A	1:06 P	2:33 P		5:06 P	7:33 P	11:38 P	
Stamford	9:20 A	10:51 A	1:20 P	2:51 P		5:20 P	7:51 P	11:56 P	
Greenwich									
Harlem - 125th St.	10:02 A	11:34 A	2:03 P	3:34 P		6:03 P	8:34 P	12:40 A	
Grand Central Terminal	10:15 A	11:46 A	2:15 P	3:46 P		6:15 P	8:46 P	12:52 A	

CONNECTIONS FROM NEW YORK (ARRIVING)

Metro-North RailRoad	MNR 6502			MNR 6504	MNR 6510		MNR 6518		MNR 6532	MNR 6546	MNR 6558
Grand Central Terminal	1:47 A			5:30 A	8:02 A		10:00 A		1:34 P	5:02 P	8:02 P
Harlem - 125th St.	1:57 A			5:40 A	8:12 A		10:12 A		1:44 P	5:12 P	8:12 P
Greenwich				6:27 A							
Stamford	2:36 A			6:41 A	8:55 A		10:54 A		2:26 P	5:54 P	8:54 P
South Norwalk	2:51 A			6:58 A	9:12 A		11:11 A		2:39 P	6:11 P	9:11 P
Bridgeport	3:18 A			7:27 A	9:41 A		11:40 P		3:02 P	6:40 P	9:40 P
Stratford	3:24 A			7:34 A	9:48 A		11:47 P		3:08 P	6:47 P	9:47 P
Milford	3:30 A			7:41 A	9:55 A		11:54 P		3:15 P	6:54 P	9:54 P
West Haven	3:37 A			7:48 A	10:02 A		12:01 P		3:22 P	7:01 P	10:01 P
New Haven Union Station	4:10 A			8:04 A	10:19 A		12:18 P		3:38 P	7:17 P	10:17 P

TO NEW LONDON

	SLE 3690		SLE 3692	SLE 3604	SLE 3610		SLE 3618		SLE 3034	SLE 3644	SLE 3652
New Haven - Union Station	5:10 A		6:45 A	9:12 A	10:45 A		1:05 P		4:05 P	7:25 P	10:25 P
New Haven - State Street			6:47 A	9:14 A	10:47 A		1:07 P		4:07 P	7:27 P	10:27 P
TRACK 1 ▶ Branford	5:21 A	TRACK 1 ▶	6:57 A	9:25 A	10:56 A	TRACK 1 ▶	1:20 P	TRACK 2 ▶	4:15 P	7:37 P	10:37 P
TRACK 1 ▶ Guilford	5:29 A	TRACK 1 ▶	7:05 A	9:33 A	11:05 A	TRACK 1 ▶	1:28 P	TRACK 1 ▶	4:23 P	7:45 P	10:45 P
Madison	5:33 A						1:33 P		4:28 P	7:50 P	10:50 P
TRACK 2 ▶ Clinton	5:38 A	TRACK 1 ▶	7:13 A	9:44 A	11:13 A	TRACK 2 ▶	1:38 P	TRACK 2 ▶	4:33 P	7:55 P	10:55 P
TRACK 2 ▶ Westbrook	5:43 A	TRACK 1 ▶	7:18 A	9:49 A	11:18 A	TRACK 2 ▶	1:43 P	TRACK 2 ▶	4:38 P	8:00 P	11:00 P
Old Saybrook	5:49 A		7:27 A	9:56 A	11:26 A		1:50 P		4:45 P	8:11 P	11:06 P
New London	6:10 A		7:55 A	10:20 A	11:54 A		2:10 P		5:10 P	8:35 P	11:29 P

Metro-North (New Haven Line) connections listed above are provided for informational purposes, however not all connection times are guaranteed. Visit MTA.info/mnr for more details and for information on travel to intermediate stations.

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